

#PAINMATTERS

A free event for anyone affected by Fibromyalgia or long-term musculoskeletal pain.

Tuesday 26 February 2019



**At the Brighthelm Centre,
North Road, Brighton, BN1 1YD**

Drop in between 10:30am and 3:30pm

What helps?

*What gets in
the way?*

*What's
working?*

*What's not
working?*

We will look at how people living with Fibromyalgia and long-term musculoskeletal pain can live well.

Attendees will include local support and voluntary services for Brighton and Hove and the surrounding area.

Free refreshments and lunch

Visit www.eventbrite.co.uk/e/pain-matters-tickets-53855611584on for more information

Here

Sussex MSK Partnership

Central